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Informed Consent for Gastroscopy (Endoscopic Examination of the Stomach) according to § 28 of Act No. 372/2011 Coll., on Health Services

Patient's name and surname: .....

Date of birth: .....

Health insurance code: .....

ENDOSCOPIC EXAMINATION OF THE UPPER DIGESTIVE TRACT (ESOPHAGO-GASTRO-DUODENOSCOPY)

- **Gastroscopy is an invasive procedure** where the doctor inserts an instrument/endoscope through the mouth into the stomach and duodenum. Therefore, your explicit and informed consent is required. Before giving consent, you must be fully informed in a way you understand about the nature of the procedure and potential risks. The doctor will tell you all necessary details and explain any unclear points. The informed consent will be part of your medical records.

- **Preparation**: Diet – Total fasting for at least 8 hours before the procedure. In case of extreme thirst, you can drink strictly clear liquids.

- **Anesthesia:** Immediately before the procedure, we will perform local anesthesia of the oral cavity. In some cases, procedure can be done under sedation – a drug administered into the vein that suppresses the feeling of discomfort. In any case, if the procedure is done under sedation, the patient is not allowed to drive or do any work requiring focus and attention. In these cases, it's recommended to have a companion.

- **Complications:** No doctor can ensure absolutely zero chance of risk in any type of procedure. This procedure, just like any other endoscopic procedure, is very safe.

    - **General complications:** reaction to given drugs (respiratory or cardiovascular side effects).

    - **Endoscopic complications:** the worst scenario is perforation of the intestine, bleeding, or possibly of bacteremia and sepsis (flooding of bacteria into the vascular system). These complications may require further hospitalization and treatment, possibly even a surgical intervention. They can appear as sudden bleeding from the digestive tract with abdominal pain.

- **Alternative procedure:** The alternative is X-ray examination with contrast agent administration.

- **After examination:** After diagnostic examination with local anesthesia, do not eat or drink for 30 minutes. If a sedative injection was administered, due to limited reactions, you must not drive a motor vehicle or operate machinery for the next 24 hours.

Doctor's notes:

ALLERGIES/INTOLERANCES.....

BLEEDING TENDENCY.....

I agree with the proposed examination and other necessary procedures. I have been informed, in a way understandable to me, about how the procedures will be performed. I had the opportunity to ask about everything that seemed important to me and everything was clearly answered. I was informed about the possibility of refusal.

I agree with the procedure..... I disagree with the procedure .....

In Teplice, date …….....

patient's signature ..... doctor's signature .....

witness signature ……